



Egypt Trip 2025 Information Packet

Egypt Trip – 2025

Peru Alive is offering a trip abroad from May 8-16, 2024, to the country of Egypt to explore the Temples and Pyramids of the Nile Valley. This program is a cultural and spiritual experience, introducing travelers to the “cradle of civilization” through ancient architecture and various examples of hieroglyphic art. The people we will encounter are the direct descendants of Egypt’s Pharaonic history who have their own unique identity. The itinerary presents multiple opportunities to learn about the spiritual traditions and practices of early Egyptian people, leading to modern day Muslim society. Each participant can embrace these cultural teachings to the level in which they are comfortable; respect and open-mindedness will always guide the learning process. Here is a list of scheduled adventures included in Egypt Trip.

- Explore significant Egyptian archeological sites and ruins, which include the Pyramids of Giza, Sphinx, Isle of Philae and the Temple of Isis, Luxor Temple, Temple Complex of Karnac, Valley of the Kings, Temple of Hatshepsut, Edfu Temple and an option for Abu Simbel (not included).
- Sightsee in downtown Cairo, the capital of Egypt including the famous Night Souks (markets).
- Travel southbound from Cairo to Aswan on the overnight sleeper train.
- Take a two-night Nile Cruise on a traditional Felucca sailboat.
- Experience traditional Egyptian meals and local cuisine.
- Meet the people of Egypt, building international friendships.

Traveling Costs

This all-inclusive program lasts 10 days and costs **\$2,450**, which includes flights to and from Seattle, WA. Or New York City. In addition are all listed activities in the itinerary, all lodging, most breakfasts and lunches (see Not Included Section), all ground transportation in Egypt, ruin entrance fees, cultural and spiritual lectures, two-night cruise on the Nile on a Felucca sailing vessel, and licensed tour guides.

Post-Covid International Travel

The tourism industry has certainly changed since the pandemic. Peru Alive has made some trip adjustments to best accommodate unknown future factors of living in a post-pandemic era. If any member is to contract Covid on the trip, they will be personally escorted to a comfortable hotel, close to adequate medical facilities, to quarantine and recover. A staff will be assigned to help you through the healing. However, the traveler will assume all additional costs needed to stay safe. Once again, this is the importance of purchasing traveler’s insurance. You can follow safety information and alerts for Egypt at www.travel.state.gov. Be advised, there are some unstable areas on the western border and the Sinai Peninsula. The itinerary is far from these locations. In the worst-case scenario that Egypt goes to a Level IV, Do Not Travel Advisory, Peru Alive will make their best attempt to recover as much of your payment as possible but recognize there are some uncertainties these days.

Deposit and Payments

Contact Mick Stemborski from Peru Alive for an application packet. Return the completed application packet with a payment in full of \$2,450 per person. At this point, Peru Alive will purchase your flights and transportation needs for the trip. The flight total is non-refundable but will be purchased in your name and you will be subject to the airline’s refund policy, change fees, and ticket credit options, should you cancel. The remaining balance of \$1,200 is 100% refundable before March 12th; 50% refundable before April 9th; 0% refundable after April 9th, 2025. Please make checks or money orders to Mick Stemborski at the given address. ***The only guarantee for a full or partial reimbursement, due to trip cancelation for any reason, is purchasing your own traveler’s insurance policy. You can submit this Information Packet to a local travel agency or***

For more information contact Mick Stemborski
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AAA for a travel insurance quote. This is not required but certainly suggested. Travel insurance has many levels of coverage, review your policy closely. All applicants are subject to screening for the safety and well-being of each participant and the group. Peru Alive is making its best attempts to help you feel safe and confident in your trip investment.

Traveling Abroad

It is a timely and tedious excursion traveling from Seattle or NYC to Egypt but once you arrive, it will all be worth it. There are flight layovers and a 7-10 hour time-zone difference, depending on your time zone. Each participant will need a passport. A single- entry, 30-day Visa is required and can be purchased upon entry at the airport for approximately \$25 USD. The law does not require vaccinations, but those decisions are better to be consulted with your family's physician. Most people living in the United States have already been immunized against various diseases commonly found in Egypt. Booster shot against tetanus, measles, hepatitis A, typhoid fever, and polio are common recommendations. "Traveler's Flu" and diarrhea are common occurrences with any foreign travel. Antibiotics can greatly improve a possibly miserable situation (like a bus ride). We strongly recommend having your physician prescribe an antibiotic to help. The prescriptions need to be filled in the States prior to departure. It will be springtime in Egypt, but daily highs can be in the 90's to 100's. Nights and mornings rarely get below mid 70's. The midday sun can be intensely hot, creating a high risk for heat exhaustion and heat stroke. Hydration, covering up, pacing your physical activity, and finding shade when fatigued are wise prevention practices.

Lodging and Meals

The group will be staying in mid-range hotels during the trip. Along the itinerary, there will be Wi-Fi hotspots, hospitals, 24-hour pharmacies, grocery stores, markets, and international phone service when you sign-up through your cell service. All lodging is based on double and triple occupancy rooms. Single hotel occupancy requests will require an additional \$250 fee. Breakfast will be provided every morning before starting our adventures. Full board is included on the overnight Nile Cruise. On days the group is "touring", lunches and dinners are NOT included. Of all the expenses in Egypt, food is the cheapest and sometimes the most exciting; allowing participants to get some free-time and explore on their own. Restaurant breaks and dining recommendations will be made along the way to help. The Mediterranean-African cuisine may not be accommodating to an American palate; but it offers a wide variety of abundant flavors. Just in case, there will be western style restaurants in the more populated areas, Cairo, Aswan, and Luxor.

Alcohol Policy

Most Egyptians do not drink alcohol in accordance with Islamic traditions. Drinking in public is a taboo, as is public drunkenness. Some beers are served in tourist-orientated establishments but not condoned by the general population. Therefore, out of cultural sensitivity and respect, **drinking during this trip is highly discouraged.**

Additional Costs Not Included

Additional costs NOT included in the program are transportation to and from SeaTac or New York City, Egyptian Visa, bottled water, personal gear expenses, gifts and souvenirs, personal snacks, any medical or emergency needs, Abul Simbel Tour, Covid Action Plan expenses, traveler's insurance, hotel and airline upgrades, airline meals, and single lodging occupancy. Tips for local guides are expected and are one of the most impactful ways we can directly stimulate the local economy on a personal level. Please, consider a budget for tipping for the numerous guides, servers, and chauffeurs we will encounter. Of course, the tipping amounts would reflect the quality of service.

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How to Get on the Trip

Step 1: Once you receive the application packet, please complete it with all the information requested. Enrollment is now open and there are limited seats. All information provided is kept in privacy and is relevant to your safety and well-being while traveling abroad. It is best to return the application electronically, but mail is acceptable. A payment of \$2,450 is required in full. Credit cards are accepted, including applicable fees. Peru Alive will contact you by phone to collect the payment OR you can make checks payable to Peru Alive and mail to Mick Stemborski.

Step 2: Group Flight information, updates, travel tips, gear list, and useful information will be distributed by e-mail to help prepare for the adventure. Group participants will be invited to an informal meet and greet sometime this summer (TBA). This meeting is highly encouraged but NOT mandatory. Soon after, the entire group will meet for check-in at the designated airport on May 8th for boarding. Specific flight times will be announced by the end of March.

Final Thoughts

The program requires extensive traveling by plane, train, and van. The lighter the pack, the easier the traveling can be. Please, do not exceed the gear list recommendations unless you have special needs. If you require additional supplies or clothing in Egypt, local merchants sell all goods at extremely low prices compared to the United States. A mild to moderate degree of physical activity is required to participate in the entire itinerary. Please, remember Egypt is a Northern African country. The level of traveler's services, degree of modern infrastructure, time management and local cuisine may not be what Americans are accustomed to. This is all part of the "international experience." All program meals, transports and sleeping accommodations will be above adequate and reflect the cost of the program. Thank You.



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<u>Date</u>	<u>Activity</u>
May 8 Thursday	Flight check-in and boarding at SeaTac in Seattle WA. Or JFK in New York City There will be a minimum of 1 international layover (TBA)
May 9 Friday	Arrive in Cairo, Egypt in the evening – Pick-up and transport to hotel Jetlag and exhausted – we will get some snacks and try to sleep
May 10 Saturday	Pyramids of Giza and the great Sphinx - visit the national Museum. At the end of the day, transfer to train station to take overnight train to Aswan
May 11 Sunday	Arrive in Aswan – boat to Agilka Island to visit Philae Temple of Isis Transport to Felucca sailing boat for an overnight cruise on the Nile
May 12 Monday	Continue sailing towards Kom Ombo in the North Optional Day-Tour to Abu Simbel Temple (price not included)
May 13 Tuesday	Visit Edfu Temple and transfer to Luxor and check-in to hotel East bank tour to explore Luxor and Karnak Temples
May 14 Wednesday	Excursion to the West Bank to visit Valley of the Kings, Hatshepsut Temple & Clossie of Memnon. Final evening in Luxor – Celebration Dinner
May 15 Thursday	Fly back to Cairo – Night Souk (Markets) in evening Last night in Egypt – Head to airport in evening
May 16 Friday	Check-in and boarding for a late-night flight. Arrives in the States on the same day There will be a minimum of 1 international layover (TBA) – arrive in SeaTac